






	<b>earth</b>	<b>water</b>	<b>fire</b>	<b>air</b>	<b>space</b>
quality of the element	solid	liquid	heat, light, warmth	light, invisible, free, flexible	emptiness
body zone	feet > sacrum	> heat point, 3 fingers underneath navel	> lower end of sternum	chest	> eyebrows
type of energy	masculine	feminine	masculine	feminine	unified
tendency	descending, adhesive	descending, gathering	ascending, expanding, ripening	dispersing	dissolving
symbol					
zodiac sign	♈ ♉ ♊	♋ ♌ ♍	♎ ♏ ♐	♑ ♒ ♓	
musical characteristics	basic structure	lively rhythms	radiating, dynamic	fluctuation, melody, chords	silence, space, not 'busy'
chakra	root	hara	solar plexus	heart	thyroid
endocrine glands	adrenals	ovaries, testicles	pancreas	thymus	thyroid
location of chakra	sacrum, at back	5 finger below navel	stomach	middle of sternum	throat
Reich's body blockage zones	buttocks	belly	diaphragm	chest	neck
sense	smell	taste	sight	touch	hearing
emotion	insecurity	anger	fear	depression	suppression
feeling	security	calm	love, understanding	joy	expression
quality	stability, concentration	vitality, creativity	transformation of emotions	inspiration	essence, emptiness
level	physique	etheric	astral	mental	conscience
etheric layers	life ether	chemical ether	light ether	reflector/warmth ether	